

**MEDIA RELEASE**  
**For Immediate Release**

**22 OCTOBER 2020**

**TDM BERHAD EXPLORES THE STORY OF THE FIRST MAN FROM  
TERENGGANU AND WOMAN FROM MALAYSIA TO CONQUER MOUNT  
EVEREST**

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**Kuala Terengganu** - TDM Berhad ("TDM" or "Group") successfully continued its Menjulung Peradaban programme through Facebook Live broadcast on TDM Berhad's Facebook page earlier today. Titled "Memoir Puncak Everest", the ninth (9th) series of the programme was joined by En. Muhamad Rafi Kori and his wife, Pn. Marina Ahmad, sharing their experience conquering the highest peak in the world, Mount Everest.

Encik Muhammad Rafi was the first man from Terengganu to conquer Mount Everest. His wife, Puan Marina, on the other hand, had earned herself a spot in the Malaysia Book of Records for being the first woman from Malaysia to conquer the Mount Everest.

TDM Berhad Group Chief Executive Officer, Encik Zainal Abidin said, "the Group is pleased to have both of them as speakers at today's programme, sharing stories and experience of their journey to the top.

"The topic is very much in line with one of the objectives of the programme, which aims at using inspiring stories of the nation as a medium to improve working performance among TDM staff and the community. TDM is proud to host these two speakers and together delve deep into their journey of success of which should be recognised by many."

Among the stories shared by both speakers during this session were on how their interest in climbing began, mental, physical and spiritual preparations needed before starting the climb, their journey before reaching the peak and the feeling of arriving there.

"TDM feels the responsibility to highlight their stories so that today's society can learn from their achievement. This sharing session is also important to encourage young generations of Terengganu to continue striving towards the success they hope for in life."

"Their success did not come easy nor without hard work and determination to achieve the goal set despite many obstacles that were needed to be overcome." added Mr Zainal.

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TDM presented a certificate of appreciation and cash token to the speakers as a gesture of appreciation at the end of the programme. TDM's healthcare division, Kumpulan Medic Iman Sdn Bhd (KMI Healthcare) also sponsored Executive Health Screening Package at Kuala Terengganu Specialist Hospital (KTSH), one of TDM's subsidiary hospitals under the management of KMI Healthcare.

Menjulang Peradaban is a monthly series program organised by TDM which focuses on three (3) elements; history, language, and culture. This program is usually hosted at Kuala Terengganu Specialist Hospital, but due to the Covid-19 pandemic situation, this program is conducted online via Facebook Live on TDM Berhad's Facebook page.

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### **About TDM Berhad**

Incorporated in 1965, TDM Berhad is listed on the Main Market of Bursa Malaysia's with core businesses in oil palm plantation and healthcare services.

The Group's plantation arm, TDM Plantation Sdn. Bhd. manages 17 oil palm estates and three (3) palm oil mills, three (3) Bio-Composting plants and one (3) Biogas plant located in Terengganu and Indonesia.

TDM Plantation Sdn Bhd has obtained 100% RSPO and MSPO certificates. RSPO provides the most suitable framework that take into account economic, social and environment features in development and management of plantation. It supports economic growth targets, promotion of rural livelihoods and improved environmental outcomes at scale.

Under Kumpulan Medic Iman Sdn Bhd (KMI), TDM owns four (4) community specialist hospitals that provides quality and affordable secondary healthcare services. The hospitals are Kelana Jaya Medical Centre (KJMC), Petaling Jaya, Selangor, Kuantan Medical Centre (KMC), Kuantan, Pahang, Kuala Terengganu Specialist Hospital (KTS), Kuala Terengganu and TDMC Hospital, Kuala Lumpur

For further details, please visit our website [www.tdmberhad.com.my](http://www.tdmberhad.com.my)

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